# OFFICE OF PROGRAM SERVICES PROGRAM PROFILE

# Pregnant and Parenting Women (PPW) Therapeutic Childcare

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### Who Can I Contact At DBHR For More Information?

Primary
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## What Is Therapeutic Childcare?

Therapeutic Childcare Services provides for the health and welfare of the children accompanying parents who participate in the residential substance abuse program. Services are for the care, protection, and treatment of children who are at risk of abuse, neglect, and eventual substance abuse. Services include the following elements: 1) developmental assessment using recognized, standardized instruments; 2) play therapy; 3) behavioral modification; 4) individual counseling; 5) self-esteem building; and 6) family intervention to modify parenting behavior and/or the child's environment to eliminate/prevent the child's dysfunctional behavior. Childcare is provided at a minimum of four (4) hours per day, five days per week.

#### Therapeutic Childcare:

- Provides a safe and nurturing environment for children when their parent is in treatment.
- Prevents parent/child separation and encourages family stability.
- Provides substance abusing parents parenting skills and can improve skills during treatment.
- Provides children of substance abusers who are exposed to drugs and/or alcohol during pregnancy with needed remedial assistance to regain normal development.

### What Are The Populations Served And/Or Who Is Eligible For These Services?

The target population is substance-abusing parents who cannot participate in assessment and/or treatment without childcare, and high-risk women and their children.

### **How Many People Are Served Each Biennium?**

There are approximately 2,000 children who *need* care while parents are in inpatient and outpatient treatment. Within PPW residential treatment centers, there are currently 130 slots for children of women who are residing in treatment.

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### What Is The Biennial Funding Amount And Source(s)?

For the 2009-11 Biennium, over \$3.3 million is budgeted for Therapeutic Childcare. These are Medicaid matchable funds.

### What Would Be The Impact If These Services Were No Longer Available?

Parenting mothers would not be allowed to bring their children into the treatment facilities with them, therefore discouraging important bonding time with their child. Important respite care for families would no longer be available and this may increase the incidence of child abuse.

### What Agencies Collaborate With DBHR To Deliver These Services?

Therapeutic Childcare collaborates directly with the residential treatment facility, as well as Child Protective Services, and any other services in which the mother and child are involved.

### What Are The Sources For Program Data Or More Information?

Triumph Treatment Services Perinatal Treatment Services

Contact: Beth Dannhardt Contact: Vicky Stark

(509) 248-1800 (206) 223-1300 or (253) 471-2782

Evergreen Recovery House New Horizon Care Center
Contact: Linda Grant Contact: Fariba Nikdel

(425)-258-2407 (509) 624-1244

Genesis House Drug Abuse Prevention Center

Contact: Jeff Bott Contact: Gus Nolte (206) 328-0881 (360) 425-9210

### Any other comments?

For PPW Residential Services contacts, See PPW Residential Services Program Profile.